## The Role of Vitamin D in Immune Regulation: Implications for Cancer

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Future research should focus on elucidating the precise mechanisms by which vitamin D in uences immune responses and cancer outcomes [9]. Investigating the interactions between vitamin D and other signaling pathways, as well as its e ects on di erent cancer types, will enhance our understanding of its role in cancer care. Additionally, exploring personalized approaches to vitamin D supplementation, based on individual risk factors and genetic pro les, may lead to more e ective and tailored cancer prevention and treatment strategies [10].

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Vitamin D's role in immune regulation o ers promising avenues for cancer prevention and therapy. While current evidence supports its potential bene ts, addressing the challenges of variability in response and optimizing clinical applications will be crucial. Continued research and clinical trials will be essential in translating these ndings into practical recommendations, ultimately enhancing the e ectiveness of cancer prevention and treatment strategies.

## References

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