Occupational Health Psychology; Historical Evolution; Industrial-Organizational Psychology; Occupational Medicine; Technological Advancements; Mental Health

Occupational health psychology (OHP) is a eld that focuses on the interplay between work, health, and well-being. It emerged from the intersection of industrial-organizational psychology and occupational medicine, aiming to enhance the quality of work life and improve the health of workers [1]. e eld has evolved signi cantly over the decades, adapting to changes in work environments, organizational structures, and societal attitudes towards mental health and well-being.

e historical roots of OHP can be traced back to early studies on work-related stress and the e ects of occupational hazards on health. As industrialization progressed, psychologists and researchers began to explore the impact of work conditions on mental and physical health, leading to the establishment of OHP as a distinct eld [2-5]. Over time, the focus expanded to include broader issues such as job satisfaction, work-life balance, and organizational culture. In the present day, OHP

Materials and Methods

Historical analysis: A thorough review of historical documents, academic literature, and key publications in occupational health

e rise of technological innovations, the shi towards remote work, and increased awareness of mental health issues have introduced new challenges and opportunities for OHP. ese developments require the eld to adapt and innovate in response to evolving work environments and societal expectations.

None

None

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