

Understanding Endometrial Cancer: Causes, Symptoms, Diagnosis, Treatment and Prevention

Use hormone therapy wisely: If considering hormone replacement therapy to manage menopausal symptoms, discuss the potential risks and benefits with a healthcare provider. Combined hormone therapy with estrogen and progesterone may be less likely to increase the risk of endometrial cancer.

Control Chronic Conditions: Managing chronic conditions such as diabetes and hypertension through lifestyle changes and medication adherence may help reduce the risk of endometrial cancer.