

Understanding the Significance of Population Health: A Comprehensive Overview

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improve population health and promote health equity.

Keywords: Population health; Health disparities; Public health;

Conclusion

Population health is a comprehensive approach to improving the well-being of entire communities and societies. It recognizes that health outcomes are influenced by a wide range of factors beyond individual behavior and medical care. By addressing social determinants, economic disparities, environmental factors, and healthcare access, population health strategies aim to create a more equitable and healthier world for all. As societies continue to face evolving health challenges, the importance of population health will only grow, making it a vital field for policymakers, healthcare professionals, and researchers to prioritize and invest in. Population health is a multifaceted and critical aspect of public well-being that encompasses the overall health of a community, region, or nation. It goes beyond individual health and delves into the