2020

Vol.3, Issue.2

Weight Gain on Psychotropic Drugs: Has the Obesity Community been Paying Attention?

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Abstract

Weight gain is a well-known side effect of treatment with psychotropic drugs. More than fifty years ago, drugs such as amitriptyline (Elavil) and lithium were known to be associated with substantial increases in weight and despite new generations of psychotropic drugs, this unwelcome side effect has persisted [1-3]. How much weight is gained