

# Weight Loss and Health Benefit; Bariatric Surgery

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## Editorial

The purpose of this brief editorial comment is to highlight the effects of weight loss on health outcome, especially focused on bariatric surgery. Altered life-style and food habits are the commonest forms of the unhealthy gateway, which allows the induction of various deadly disease pathologies in the human body. Obesity is associated with such complications, where excessive intake of fatty foodstuff brings several secondary disease pathologies. The realization from the evil effects of obesity, the awareness of weight loss has come into the act as a therapeutic intervention. The obesity and weight loss therapy deal with the biomedical research of obesity and metabolic disorder. Obesity and metabolic disorder are well-known risk factors for many medical conditions. Therapeutic weight loss including bariatric surgery in overweight or obese individuals can decrease the chance of developing obesity-associated diseases.

Journal of Obesity and Weight Loss Therapy aims to “publish most updated and relevant research in the current developments and discoveries in Obesity and its associated areas including Childhood and Adolescence Obesity, Morbid Obesity, Obesity & Diabetes, Overweight and Weight Loss, Yoga and Physical Therapy, Current Opinion in Endocrinology, Diabetes and Obesity, Diabetes Obesity and Metabolism, Obesity reviews, research and clinical practice, Obesity and Physical Activity and Exercise, Childhood Obesity, Bariatric Surgery, Obesity and Eating Disorders, Advances in Weight Loss Management & Medical Devices, Obesity and Weight Management, Eating and Weight Disorders, Obesity Surgery and making information freely available worldwide”. Journal of Obesity & Weight Loss Therapy publishes articles discussing topics such as Spanish bariatric surgery in a community hospital *ht 4h b O° d, m ] ] infesit*