



Ankle injury is among the most common injuries reported by primary care providers and emergency departments and may result in long-term disability. Ankle sprains are rarely common in most people, but they do occur more frequently in sports. Understanding the anatomy of the ankle ligaments is essential for proper diagnosis and treatment. Ankle ligament injury is the most common cause of severe ankle pain. Chronic ankle pain often finds their cause in the loosening of some of the ankle joints. The lines around the ankle are connected, depending on the anatomic orientation,