

# Recent Advanced Studies on Breast Cancer

Park Yevan Stevens\*

*Department of Oncology, University of Primorska, Koper, Slovenia*

\*Corresponding author: Park Yevan Stevens, Department of Oncology, University of Primorska, Koper, Slovenia, E-mail: parkseve@hotmail.com

**Received:** 01-Mar-2022; **Manuscript No.** AOT-22-59746; **Editor assigned:** 03-Mar-2022, PreQc No. AOT-22-59746(PQ); **Reviewed:** 07-Mar-2022, QC No. AOT-22-59746; **Revised:** 21-Mar-2022, Manuscript No. AOT-22-59746(R); **Published:** 04-Apr-2022, DOI: 10.4172/aot.1000178.

**Citation:** Stevens P, Stevens Y (2022) Recent Advanced Studies on Breast Cancer. *Journal of Oncology* 10(4): 1000178.

**Copyright:** © 2022 Stevens PY. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

## Description

The breast is made up of different tissues, ranging from very adipose tissue to very dense tissue. Inside this tissue is a network of lobes. Each lobe is made up of small, tube-like structures called lobules that contain mammary glands. Small vessels connect glands, lobules and lobes, carrying milk from the lobes to the nipple. The nipple is in the middle of the areola, which is darker around the nipple. Blood and lymphatic vessels also flow throughout the breast. Nourishes the blood cells. The lymphatic system drains the body of waste products. Lymphatic vessels connect to lymph nodes, which are little bean-shaped organs that aid in infection prevention. Lymph nodes are found in clusters throughout the body, including the neck, groin, and abdomen. The regional lymph nodes of the breast are located near the breast, like the lymph nodes under the arm. However, recent progress has been made in breast cancer, which we discuss here to find out in depth.

## Advanced breast cancer with Ribociclib

The Addition of cyclin-dependent kinase (CDK) 4/6 inhibitor ribociclib to letrozole has been shown to improve progression-free survival in patients with previously reported hormone receptor (HR)-positive, HER2-negative, treatment-naïve, Advanced breast cancer. Now, with a 6.6-year follow-up, overall survival improved with the

### **Assessing response to neoadjuvant therapy in breast cancer**

Surrogates for survival outcomes in patients with breast cancer receiving Neoadjuvant Chemotherapy (NACT), such as pathological Complete Response (pCR) rates and Residual Cancer Burden (RCB), are being investigated in studies. Another meta-analysis of 54 neoadjuvant treatment studies including over 32,000 breast cancer patients [7] found that pCR was not a good surrogate for disease-free survival (DFS) or Overall Survival (OS) [7]. A separate study discovered a link between RCB and event-free survival. While we continue to use pCR to guide adjuvant therapy decisions in NACT patients, RCB adds to the prognostic information [8].

### **IV placement, venipuncture, and blood pressure measurements after breast cancer surgery**

The only preventative measure proven to reduce the risk of lymphedema is the prevention of lymphadenopathy after breast cancer surgery; however, many patients are advised to avoid intravenous catheters, venipuncture and blood pressure measurements ipsilateral for the rest of their lives prior to surgery. The Society for Ambulatory Anesthesia, in collaboration with the American Society of Breast Surgeons, has released a statement indicating that, while they have axillary lymph node dissection, these procedures are not contraindicated in patients without lymphedema [9]. This statement is usually consistent with our policy. They encourage collaborative decision-making that considers the individual's risk factors, clinical