

Environmental Health Care and Prevention

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Abstract

provides opportunities for the prevention of illness and the encouragement of people to adopt more healthy life-styles,

- Use vehicle handrails to help maintain balance and stability.
- Yada e health beeb a edi a ca el g i fec i a .

- Placee and bea he fe hai .

According to the World Health Organization, the leading cause of death and disability worldwide is non-communicable diseases (NCDs), which include heart disease, stroke, cancer, and diabetes. These diseases are preventable, and their prevention is a key goal of public health. The World Health Organization has identified several key areas for NCD prevention: tobacco use, alcohol consumption, physical inactivity, and unhealthy diet. These areas are often referred to as the "four big killers" of NCDs. The World Health Organization has also identified several key areas for NCD prevention: tobacco use, alcohol consumption, physical inactivity, and unhealthy diet. These areas are often referred to as the "four big killers" of NCDs.

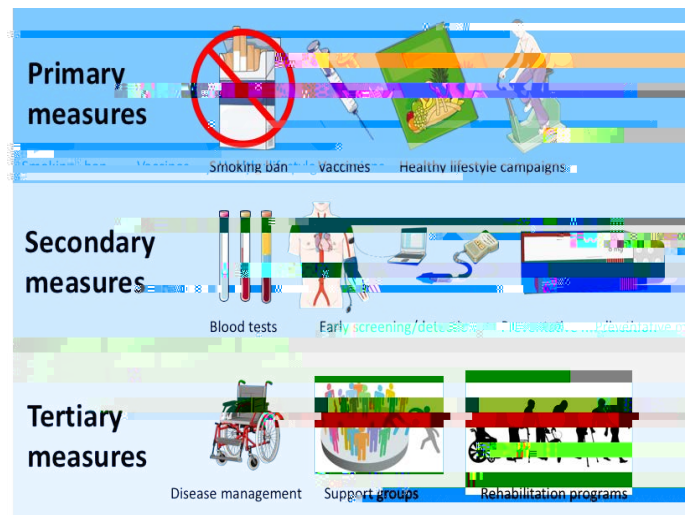


Figure 1. Preventive measures.

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la ge... be f ha ac c ... aie c ... a ed ... he b ... he ... i ... e ec ed b ... he i le ... a ed ... he le ... ha ac c ... aie beca e he ... ke hec ... le e ... ca i ... a d ha e he be ... e i ... ha dle he i ... e ... edici ... ei g df ... i ... a ... beca e f he cio ... i ... d he f ... la f he a ic la d g f ... he face ... a e ... a i ... e ... il ... a d al ... he ... e f ... d ac ... he c ... ie S he eb ... a ... c ... cl de ha he ... i ... a ... heal h a d i ... edici ... e la a aj ... le ... e ... dail life ... a d i h ... ld be habi ed b ... all f he [4].

Case nding

e ... i a ... e f c ... i g e ... i de ec ea l di ea e ... i k fac ... f di ea e i ... la ge ... be f a ... a ... l heal h ... i d i d al ... e ... e f a dia g ... ic e ... i e abli h he ... e ... ce (... ab ... ce) f di ea e a a ba i f ... ea ... deci ... i ... a ic ... c ... e ... i i e i d i d al (c ... a ... e). Ca e ... d i g i a ... a eg f a ge ... g e ... ce a ... d i d al ... h a e ... ec ed ... be a i k f a a ic la di ea e. I ... le a ci el ... ea chi ... g ... e a icall f a i k ... e le, a he ha ... ai ... g f ... he ... e ... i h ... i g ... faci e di ea e. Ne he i ... i la i e ... c ... i g - b h eek i k ... a i f he ... la i ... f f he ... e iga i ... -b ... e al ... he ... ecial cha ac e i ic f hi ... c ... i g ... a f fa il ... edici ... e. "Ca e ... d i g" aki ... g ad ... a ... age f a i ... i i ... e c ... i g a c i i e a a ... e h d f c h ... he e he e ice i ... e ed ... a elec ed g ... f he ... la i ... i e laced i ... "Ca e ... d i g" b ... ha f aki ... g ad ... a ... age f he c ... ac ... i h a i ... e ... e c ... i g ... h e ... h ... eed he . I e ... i e ga ... iza i ... a d ... e ... edical hi Fa il ... edici ... e i he ideal fa e ... k f ... c ... i g a c i i e beca e f ... idi ... g acce ... he ... i e ... la i ... ; e ... h ... ele ... i a ed b ... e ... i ... c ... e ... he fa il d c ... h ... he feel ick (75% f a i ... a ig ... ed ... a fa il ... h ... icia ... a ... da lea ... ce e e ... 5 ... ea ...). ... i ... i a i ... ake i ... ible f de e ... i ... g he bi l gical ... e (... e ... a ic) f di ea e, all ... he ... e g a i ... f ... e ... i e a d c a i e a c i i e , a d