



# Foot Anatomy, Complications & Treatment

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## Abstract

The foot is a complex structure comprising bones, muscles, tendons, and ligaments that enable humans to stand

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The foot is a complex structure comprising bones, muscles, tendons, and ligaments that enable humans to stand. It is a complex structure that is essential for human locomotion. The foot is composed of 26 bones, 33 muscles, and 100 ligaments. The foot is a complex structure that is essential for human locomotion. The foot is composed of 26 bones, 33 muscles, and 100 ligaments.

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Figure 1: Diagram illustrating the anatomy of the foot, showing the bones and joints. The diagram is a schematic representation of the foot's skeletal structure, including the tarsals, metatarsals, and phalanges, along with the associated ligaments and joints.