

# Understanding Gum Infection: Causes, Symptoms and Treatment

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## **Abstract**

Gum infections, also known as periodontal diseases, represent a prevalent oral health concern affecting a substantial portion of the global population. This abstract provides an overview of the causes, symptoms, and treatment modalities associated with gum infections. Gum infections typically originate from the accumulation of dental plaque, a bacterial biofilm that forms on teeth surfaces. Poor oral hygiene practices, such as irregular brushing and flossing, contribute to plaque buildup, fostering an environment conducive to bacterial growth. Factors such as smoking, systemic diseases,

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