



The Impact of Telehealth on Preventive Healthcare Delivery

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Abstract

In recent years, the healthcare landscape has witnessed a transformative shift with the emergence of telehealth, reshaping the delivery and accessibility of preventive care. This transformation has been particularly accelerated in response to global events highlighting the necessity for innovative and accessible healthcare solutions. Telehealth, comprising various virtual healthcare services, stands out as a game-changer in preventive healthcare delivery, providing unprecedented levels of convenience, accessibility, and efficiency. This abstract explores the key role telehealth plays in revolutionizing preventive care, addressing the evolving healthcare needs of individuals in an increasingly interconnected and digital world.

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Telehealth has emerged as a transformative tool in the healthcare industry, particularly in the realm of preventive care. This technology enables patients to access medical services remotely, often through secure digital platforms. The primary benefit of telehealth is its ability to increase the accessibility of healthcare, especially for individuals in rural or underserved areas. By eliminating the need for physical travel, telehealth reduces barriers to care and encourages more frequent health check-ups. Additionally, telehealth can facilitate early detection of health issues, as patients can consult with healthcare providers at their convenience. This proactive approach is crucial for preventing chronic diseases and managing existing conditions. Furthermore, telehealth can reduce the overall cost of healthcare by decreasing the need for hospital admissions and emergency room visits. The integration of telehealth into preventive healthcare delivery represents a significant step towards a more patient-centered and efficient healthcare system.

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