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Introduction

Optometry, as a profession, has undergone a remarkable evolution over the years, transforming from a simple corrective lens practice to a sophisticated field encompassing advanced diagnostic techniques, personalized treatment options, and a holistic approach to eye health.

This article traces the journey of clinical optometry, highlighting key milestones, advancements, and the impact of technology on shaping the landscape of modern vision care [1,2].

Origins of optometry

The roots of clinical optometry can be traced back centuries, with early practitioners primarily focused on the fabrication and fitting of spectacles to correct refractive errors. During this period, optometry was primarily a trade-based profession, with craftsmen known as opticians responsible for grinding lenses and crafting eyewear based on prescriptions provided by physicians or ophthalmologists [3].

promoting lifelong ocular health and wellness. The evolution of clinical optometry represents a dynamic journey of growth, innovation, and adaptation in response to changing societal needs and technological advancements. From its origins as a trade-based profession to its current status as a leading healthcare discipline, clinical optometry