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Introduction

Hepatocellular carcinoma is the sixth most common cancer in men and eighth in women worldwide, resulting in at least 500,000 deaths per year. The burden of Hepatocellular Carcinoma (HCC) has been increasing in Egypt with a doubling in the incidence rate in the past 10 years. This has been attributed to several biological and environmental factors.

the first to show significant impact on survival and disease progression, and is widely accepted as a standard first-line systemic therapy [4].

Due to the financial cost of sorafenib, and need to improve response and survival, the need to search for other non-hepatotoxic regimens of systemic therapy for HCC is investigated. Results obtained in phase II studies with different regimens using new cytotoxic drugs have not been very impressive. Thus, systemic chemotherapy cannot be considered as the standard of care for HCC patients. This situation could be related to a combination of sorafenib and Gemcitabine and Carboplatin. This combination may increase the efficacy of sorafenib and reduce its side effects as many chemotherapeutic drugs are metabolized or eliminated via the liver. Moreover severe complications are certainly more likely if a cytotoxicity-related side effect occurs on a cirrhotic liver. Certain causes of the underlying cirrhosis, e.g. hepatitis B virus infection, may be reactivated after chemotherapy-induced immunodepression, producing an additive toxic effect [5].

Systemic chemotherapy likely lacks efficacy because of the frequently observed multidrug tumor resistance (P-glycoprotein overexpression, p53 gene mutations) [6,7].

Patients and Methods

Patients were eligible if they had:

- 1- Advanced stage HCC not amenable to curative treatment;

(ORR), defined as the sum of complete and partial responses based on the RECIST system. Tumor responses were assessed by means of helical CT every 2 months (after 4 cycles), or earlier in patients with suspected disease progression. Complete responses (CR) were defined as complete disappearance of all assessable disease. Partial responses (PR) were defined by a decrease of >30% in the sum of the largest dimensions of target lesions. Stable disease (SD) was defined as a decrease of <30% or an increase of <20% in measurable lesions. Progressive disease (PD) was defined as an increase of at least 20% in measurable lesions or the appearance of new malignant lesions. A second CT scan was performed

patients was 1.1, 5.0, and 7.3 months respectively, whereas duration of SD ranged from 2.2 to 20.5 months (median: 5.4 months). In the intention-to-treat group (N=50), the tumour control rate (PR and SD)

HCC patients given the ECF/ECC regimen obtained objective response rate 22%, with a disease control rate (objective response plus stable disease) of 52%. The median time to progression was 6 months. In addition, despite the fact that most tumors were huge, the reduction in tumor size was sufficient to allow surgical resection in 2 patients having only one huge tumor. Toxicity was mild and most side effects were manageable; one patient died suddenly between two courses. These two regimens (ECF and ECC) are very similar in terms of response and toxicity since capecitabine is the oral form of 5FU [5]. Response rate is close to that obtained from gemcitabine/Carboplatin in this study.

In conclusion, Gemcitabine and Carboplatin is a safe and effective combination in management of advanced hepatocellular carcinoma not candidate for surgical resection or other interventional measures with fair control rate and accepted toxicity profile.

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