

In adjusting of plays the predominant role in the pathogenesis of asthma, which is manifested with a hyperreactive airway. The fact that anticholinergic drugs are effective in these patients while beta<sub>2</sub>-agonists are not. Although, the mechanism of action is not entirely known [3,4].

In patients with increased bronchial reactivity, the use of alpha-adrenergic antagonists can accentuate that in the presence of other medications. The use of an alpha-adrenergic antagonist leads to a decrease in the effect of alpha-adrenergic antagonists. Alpha-adrenergic antagonists are used as adjunctive therapeutics for a certain number of patients, whether these results are due to the blocking of alpha-adrenergic receptors [8]. Some researches

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\*Corresponding author: Hilmi Islami, MD PhD, Institute of Clinical Pharmacology and Toxicology, Faculty of Medicine, Prishtina University, Clinical Centre, Mother Theresa Str., 10000, Prishtina, Kosova; E-mail address: [islamihilmi@hotmail.com](mailto:islamihilmi@hotmail.com)

Received March 12, 2012; Published August 16, 2012

Citation: Islami H, Azemi M, Behluli E, Haliti F, Dauti A, et al. (2012) Action of the Oxedrine and Tolazoline in Alpha-Adrenergic Receptor at Patients with Increased Bronchial Reactibility. 1: 235. doi: [10.4172/2155-9596.10000235](https://doi.org/10.4172/2155-9596.10000235)

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In order to evaluate the importance of the alpha-adrenergic system in the regulation of the bronchomotor tonus in patients with middle and severe bronchial reactivity, effects of the Oxedrine (stimulator of alpha-adrenergic receptor) and Tolazoline (blocker of alpha adrenergic receptor) in this adjustment were researched, in comparison to the effects of the beta-adrenergic receptor (Hexoprenaline) and anticholinergic substances (Ipratropium bromide).

## Material and Methods

This study project was approved by the Ethic Committee of the Medical Faculty in Prishtina. Selection of patients for this study was done based on the data from anamnesis, clinical-laboratory ascertainment, and functional pulmonary examinations. Study involved overall 21 patients. At least 48 hours prior research of bronchial reactivity response, patients has not administered any of the bronchodilatory substances. Examined were informed regarding manner of the functional pulmonary examinations. Patients were suffering from asthma, with or without being followed by bronchitis. Average of the disease lasting was  $11 \pm 6$  years (from 4-20 years). Average of their age was  $44 \pm 7$  years (from 29 - 45 years), whereas average of relative weight was  $70 \pm 7\%$  (from 65 - 72%). The aim of the examination was explained to each of the patients in advance. Pulmonary function was defined at the rest, which was composed of measurement of vital capacity (VC), forced expiratory volume (FEV<sub>1</sub>), resistance in the airways (Raw) and intrathoracic gas volume (ITGV).

In addition to the measurement of these parameters of the pulmonary ventilator function, Maximum Expiratory Flow-Volume Curve (MEF) was also defined. Curve (MEF) was registered in a seating position with same breathing action as the forced vital capacity. Person breathed with mouth (closed nose), through a muzzle of the pneumotachograph.

Air flow was measured with the help of the pneumotachograph, whereas the volume through a volume-integrator. MEF curve was registered in the X-Y writer (Hewlett-Packard).

Flow was registered in the ordinate, and the volume in abscissa. Several parameters were calculated, whereas Maximum Expiratory Flow was taken for analyses after it has expired 25, 50 and 75% of VC (MEF<sub>25</sub>, MEF<sub>50</sub>, and MEF<sub>75</sub> - l/s.).

These parameters were analyzed since they are situated in the part of the curve which primarily depends on mechanic features of the lungs and not from the expiratory force and also because of being more sensitive than FEV<sub>1</sub> measurement of bronchial reactivity. Prior to the provoking of bronchoconstriction, at least two reproducible MEF curves, blood pressure, and pulse were measured as well.

General resistance of the air flow in the airways (Raw) and the volume of the intrathoracic gas (ITGV) were researched in patients. The patient was placed in the cabin of the plethysmograph that was closed in a hermetic manner, and was connected to the pneumotachograph through an oral mask in order to breathe the air. During the inspiration, with an expansion of the sternum, air in the cabin compresses; whereas, it decompresses in the lung, namely it comes to the decrease of the intrathoracic pressure with the proportional increase of the pressure in the cabin. During the expiration, the opposite situation appears: increased intrathoracic pressure and decreased intrathoracic volume.

pressure, and pulse were measured and similarly were repeated after 15, 30 and 60 minutes.

In order to observe changes in the airways permeability after inhaling of aerosol of Oxedrine, Tolazoline, and Hexoprenaline or Ipratropium, index of changes in percentage was calculated, namely Raw, ITGV and SRaw (%P) values were calculated as follows:

Initial values - minimal value after the inhaling of certain substance

Ind. of decrease = ----- x 100

an increase of cholinergic and alpha-adrenergic response towards different stimulators [18].

Despite the theory of Szentivany, which considers that the adrenergic system activity is decreased, our results show that the activity of the beta<sub>2</sub>-adrenergic receptor is increased in order to counterpose cholinergic constrictor impulses in patients with increased bronchial reactivity. Meanwhile, the activity of alpha-adrenergic receptor is not important in this mechanism.

Research on the effect of the phentolamine in patients with bronchial asthma has not registered any changes of lung functional tests parameters (FEV<sub>1</sub>/GAV/WL; V<sub>25</sub> and V<sub>ERV</sub>) by ascertaining that the increased activity of alpha-adrenergic receptor is not the central mechanism in causing of the asthma disease and by emphasizing the dominant role of beta<sub>2</sub>-receptor agonists [19]. Nonetheless, this author presents that asthmatic patients included in the research have manifested heterogenic response to phentolamine by categorizing these patients with positive reaction, patients with negative reaction and patients without reaction to phentolamine. The author assumes that this different reaction to phentolamine is as a result of the different relation of the activity of beta adrenergic receptor, alpha adrenergic and cholinergic receptor at the bronchial tree [19]. Blockage of alpha-adrenergic receptor through the application of phentolamine has no significant impact to the reaction of the airways smooth musculature to histamine. Although, in some of patients with asthma are registered improvements of lung functional tests (FEV<sub>1</sub>) but without any significant impact [20]. Role of the phentolamine in the airways tonus should not be totally eliminated because systemic administration of phentolamine causes the increase of the incidence, rate and amplitude of respiratory movements of sheep fetus in utero during hypoxia. It proves regarding relation of phentolamine in the central mechanisms of breathing, also [21]. Phentolamine does not cause the myorelaxant effect following the induction of bronchoconstriction from the inhalatory therapy with metakolin and histamine in the experiment with apes. Isoprenaline has manifested direct myorelaxant effect following the induction of bronchoconstriction with aerosol therapy with metakolin and histamine. Meantime, atropine has manifested the main role in the bronchoconstriction in patients with bronchial asthma, a partial bronchodilator effect only a few of the metakolin effect [17].

Bronchial tree of a healthy person have equilibrium of the alpha adrenergic and beta adrenergic system activity in the favor of the domination of beta<sub>2</sub>-receptor activity. Due to this fact, it is assumed that in case of hypoactivity of the beta adrenergic system dominates alpha-adrenergic system, thus it was supposed that this mechanism plays the main role in the bronchoconstriction in patients with bronchial asthma [17].

According to Szentivan, increased bronchial irritability of airways in asthmatics is caused by the autonomous disbalance, which derives from the decreased beta-adrenergic function, and which results with

functional test values in patients with asthma and chronic obstructive diseases [22].

All of these results suggest that role of Oxedrine and Tolazoline depends directly on the presence and structural extension of alpha adrenergic receptor, respectively from two sub-types of these receptors. Therefore, further researches of the conformation and sub-types of these receptors would help out in a clearer defining of the role of these receptors in the pathophysiologic mechanism of asthma and pulmonary obstructive diseases.

## Conclusion

Based on obtained results, it can be concluded as follows:

- Inhalation of Oxedrine (120 mg-aerosol), stimulator of alpha<sub>2</sub>-adrenergic receptor applied to the patients with middle and severe bronchial reactivity does not change the increase of the specific resistance (S<sub>Raw</sub>) of airways (p > 0.1).
- Application of Tolazoline (20mg-aerosol), as blocker of alpha<sub>2</sub>-adrenergic receptor applied to the patients with middle and severe bronchial reactivity also does not change the decrease of the specific resistance (S<sub>Raw</sub>) of airways (p > 0.1).
- Application of Hexoprenaline through inhalation to the patients with middle and severe bronchial reactivity causes significant decrease of specific resistance (S<sub>Raw</sub>) of airways (p < 0.01).
- Ipratropium as antagonist of the cholinergic system applied as aerosol in patients with middle and severe bronchial reactivity also causes significant decrease of specific resistance (S<sub>Raw</sub>) of airways (p < 0.01).
- This suggests that the application of agonists and antagonists in patients with middle and severe bronchial reactivity does not change the activity of alpha<sub>1</sub> and alpha<sub>2</sub> adrenergic receptor in the smooth bronchial musculature and it is not a primary mechanism which causes reaction in patients with middle and severe bronchial reactivity. There is a possibility that subtypes of alpha<sub>1</sub> and alpha<sub>2</sub> adrenergic receptors persist, yet in insufficient size to react significantly with agonist and antagonist alpha-adrenergic substances.

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